

LYNDHURST COMMUNITY EVENTS CALENDAR

Published by the Lyndhurst Rejuvenation Committee

Issue #50 Jan/Feb 2019

Sponsored by: The Retired Teachers of Ontario, District 48: Leeds and Grenville

Events in Jan/Feb

- MON & WED:** **BOOT CAMP:** Build strength and fitness. Sweet's Corners School, 7 – 8pm, January – March. \$50 /session; \$7 drop in.
- MON, WED, FRI:** **FIT AND FABULOUS 1:** Lansdowne Community Hall, January 7th – March 29th, 9:30-10:30. For adults to improve aerobic capacity, strength, flexibility, balance and coordination. Bring your own fitness ball, mat and water. \$60 once weekly, \$108 twice weekly, \$144 all classes.
FIT AND FABULOUS 2: Lansdowne Community Hall, January 7th – March 29th, 10:45-11:45. Older adults, slower paced than Fit and Fabulous 1. Prices: See Fit and Fabulous 1.
- TUESDAY:** **R.O.L.L. AID CENTRE:** Seeley's Bay Legion Food Bank *open 10:00am - noon.*
STONE BRIDGE QUILTERS: Lyndhurst Library Community Room; 9:00am-noon; Info: 613-928-2563. Everyone welcome to learn the art of quilting. Donations of 100% cotton appreciated for quilts that will be donated to neighbors in need.
BODY BLAST: Work intensely on muscle conditioning and cardio. January 8th – March 12th. Lansdowne Community Hall, 6-7pm. \$50 for 10 weeks (\$80 if combined with Cardio Box-Fit on Thursdays).
- TUES & THURS:** **N.R. JEE FITNESS:** Improve range of motion, flexibility, circulation, balance and strength. Sweet's Corners School, January 8th-April 4th, 7:- 8pm. \$75 once weekly; \$120 twice weekly.
- WEDNESDAY:** **EUCHRE:** Lyndhurst Legion. 7:00pm.
POP UP PLAY: EarlyON Child and Family Centre, 9:30-11:30; Centre 76, 35 Henry St., Athens. Call Judy Lee at 613-382-8220 ext. 3131
- WED & SAT:** **ST. LUKE'S THRIFT SHOP:** 10am- 2pm. In Ministry Centre
- THURSDAY:** **AFTER SCHOOL PROGRAM:** Grades 1-8; Lyndhurst Library, 3:30 – 5pm. Resumes January 10th.
CARDIO BOX-FIT: High intensity workout. January 10th – March 14th. Lansdowne Community Hall, 6-7pm. \$50 for 10 weeks (\$80 if combined with Body Blast on Tuesdays).
- FRIDAY:** **POP UP PLAY:** EarlyON Child and Family Centre, 9:30-11:30; Elgin Public Library, 26 Halladay St. Call Judy Lee at 613-382-8220 ext. 3131
- SUNDAY:** **ST. LUKE'S CHURCH SERVICE:** Canadian Legion at 11am starting January 6th. Everyone welcome.

Winter Instructional Swim Program: Buses will pick up children in Lyndhurst and/or Lansdowne for swimming instruction at Artillery Pool in Kingston. Starting mid-January for 8 weeks. Fee: TBA. Contact: ubdegrovem@gmail.com.



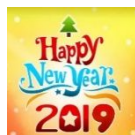
Skate the Lake Portland January 26th and 27th

Activities: Ice Stock Demo; Free kids skating area; Youth curling; Food concessions, hot chocolate, skate tails, "Snert", chili; Several warming areas and bonfires; Public skating to music after final race on Saturday; Fireworks Saturday evening starting at dusk; Portland Outdoors Boutique selling Skate the Lake merchandise

<http://www.skatethelakeportland.com/>

Events in January

Tuesday January 1st



Sunday January 6th

Sunday Service

Lyndhurst United Church, 9:30am

Monday January 7th

First Day of School

Tuesday January 8th

CPHC Foot Care Clinic

Lansdowne Seniors Building
Common Room

43 Centre St., 8:30am-1:30pm, \$25

Call Cheryl 613-382-1175

Sunday January 13th

Sunday Service

Olivet United Church, 9:30am

Wednesday January 16th

CPHC Diner's Club

Seeley's Bay Community Hall, 12 noon;

Call 613-382-1175; \$10

Lab Rats Science Club

Lyndhurst Library, 6:00-6:30pm

Ages 5+



Saturday January 19th

Spaghetti Dinner

Seeley's Bay United Church, 5:30pm

Followed by Trivia Night at 7pm

Sunday January 20th

Sunday Service

Lyndhurst United Church, 9:30am

January 24th – 30th

**RDHS Secondary Students
Final Exams**

Sunday January 27th

Public Information Meeting

About the future of St. Luke's Church and
Buildings; Lyndhurst Legion, 1pm
All welcome

Sunday Service

Olivet United Church, 9:30am

Fund Raising Concert

For Olivet United Church
With Bob Burtch and his band
Seeley's Bay Fire Hall, 1:30pm

Friday January 31st

PA Day



Events in February



Frost Fest Seeley's Bay

www.seeleysbayfrostfest.ca

February 1st – 3rd

FrostFest is celebrating 25 years in 2019! Come join us on February 1st, 2nd, and 3rd for a celebration of a good old-fashioned Canadian winter, complete with wagon rides, skating, snowman building, a chili cook-off, fireworks, and a comedy show, plus plenty of great food!

Money raised supports community programs and initiatives.

Rockport Winter Carnival

February 6th-10th

The Rockport Winter Carnival is five days of family oriented events designed for everyone to have loads of fun. Events include euchre, darts, shuffleboard, pancake breakfast on Saturday, chicken bowling, children's art classes, crafts, horseshoes, curling at The Barn, gangplanking, redneck rodeo and more. The entire carnival is a great opportunity for families to play and laugh together. Come on out and enjoy the small community feeling while experiencing the joys of winter sports.

Annual Levee Breakfast

February 11th, 7:30 – 10:30am; 60 Shipmans Lane, Ivy Lea, Ontario

Join us as we meet our newly elected Mayors from the Town of Gananoque, and Township of Leeds and the Thousand Islands, our Newly Elected MP Michael Barrett and Minister Steve Clark and hear about their goals and aspirations for the next year. In addition, our Chamber has exciting news to share with our Members and goals for the upcoming year! Registration begins at 7:30 Breakfast begins at 8:00am

Fees/Admission: \$30 for Members; \$35 for Non-Members

<http://1000islandsgan.chambermaster.com/events/details/annual-levee-breakfast-3620>

Sunday February 3rd

Sunday Service

Lyndhurst United Church, 9:30 am

Wednesday February 6th

Interactive Robotics

Lyndhurst Library, 6-8pm

Ages 5+

Sunday February 10th

Sunday Service

Olivet United Church, 9:30 am

StoryFest Returns

Druids, Drams, Dangers & Doctors
Tales from an eventful sea journey from
Aberdeen to Iceland

With Seeley's Bay's own James Raffan
Seeley's Bay Community Hall, 2pm; \$20.

<http://www.seeleysbay.com/events.html>



Tuesday February 12th

CPHC Foot Care Clinic

Lansdowne Seniors Building Common
Room

43 Centre St., 8:30am-1:30pm, \$25

Call Cheryl 613-382-1175

Thursday February 14th



Sunday February 17th

Sunday Service

Lyndhurst United Church, 9:30am

Monday February 18th

Family Day

Arthur Child Heritage Museum

125 Water St., Gananoque

Come and join in face painting, crafts,
tour of the museum and a variety of
outdoor activities. Info: 613-382-2535

Wednesday February 20th

CPHC Diner's Club

Seeley's Bay Community Hall, 12 noon;
Call 613-382-1175; \$10

Lab Rats Science Club

Lyndhurst Library, 6:00-6:30pm

Ages 5+

Saturday February 23rd

Lyndhurst Annual Ice Fishing Derby

8am-4pm; \$20 per ticket

Wing's Live Bait and Tackle for Info: 613-
928-2382



Sunday February 24th

Sunday Service

Olivet United Church, 9:30 am

Many thanks to this issue's sponsor:



District 48 represents the local 685 educators of over 78,000 provincial members of RTO/ERO. It acts as an advocate for retirees, seniors and active educators. We are proud to support local initiatives which promote life-long learning and intergenerational experiences.

www.lyndhurstvillage.ca

[Facebook.com/lyndhurstvillage](https://www.facebook.com/lyndhurstvillage)

Please note that the above events may be subject to change. For Issue #51, March April 2019, please email items to Lyndhursteventscalendar@gmail.com.

Or phone: 613-928-2832

Let's all make Lyndhurst an even better place to live!